mongoDB :

Ad-hoc queries for optimized, real-time analytics.

Indexing appropriately for better query executions.

Replication for better data availability and stability.

More flexibility than files

Types : String ,boolean , array ,object, Integer

SQL :

No Data redundancy

Data Consistency and Integrity

Easy access to data

Types : INT , TINYINT , BIGINT , FLOAT , REAL

comparison : SQL databases are used to store structured data while NoSQL databases like MongoDB are used to save unstructured data. MongoDB is used to save unstructured data in JSON format. MongoDB does not support advanced analytics like SQL databases support.